



Meo Finger Bell

The Meo hill tribe are found living in and around the mountain regions of Northern Vietnam. Their lives are rich in colour, tradition music and dance. Known mainly as hill farmers providing food for their families, they also produce a wide variety of local crafts.

The finger bell is cast from metal with raised mantra as

decoration. To play the bell slip it over your middle finger and shake gently to get the ball ringing. Then close your hand around it to muffle and change the tone. Experiment by shaking the bell using different timing and rhythm and you will be amazed by the variety of sounds coming from it.