



Tibetan Prayer Chime

These prayer chimes or Ting Sha are traditionally used by Tibetan Buddhists to mark the beginning and end of meditation. They are also used by a Buddhist master to bring a student back into focus when his mind wanders during meditation. Made in Nepal from a bronze, iron and zinc alloy,

these are hand cast and are decorated with Tibetan good luck symbols or mantras.

Play the chime by gently tapping the Ting Sha against each other.